TEAM

Team ADBA Technique Class/Solo/Duet/Trio Requirements

The Art of Dance and Ballet Academy strives to provide a strong Competition Team, and in order to do this it is necessary for our **Team ADBA** members to be dedicated to regular technique classes.

Each of our Competition Routines has a set of mandatory classes which are compatible to the style of dance(s) each
Team Member is committed to. See below for these Required Classes.

What is TB (Technique Barre)? – Technique Barre is a 2-hr intensive class offered on Sundays with Derek Nemechek that will feature Barre work along with technical instruction to improve on ballet, jazz and fusion dance forms.

Style of Dance	Group Level	Required Technique Classes
Jazz/Character Routines:	Petite	1 Ballet Class & 1 Jazz Class
	Junior, Teen & Senior	2 Ballet Classes & 1 Jazz Class (TB can substitute any class)
Lyrical, Contemporary, or Modern Routines:	Petite, Junior, Teen & Senior	2 Ballet Classes & 1 Lyrical/Contemporary/Modern Class (TB can substitute for 1 Ballet or Lyrical class)
Tap Routines:	Petite	1 Tap Class & 1 Jazz or Ballet Class (TB can substitute for 1 Jazz or Ballet)
	Junior, Teen & Senior	1 Tap Class & 1 Jazz or Ballet Class (TB can substitute for 1 Ballet or Jazz class)
Hip-Hop Routines:	All Levels	1 Hip-Hop Class & 1 Jazz or Ballet Class (TB can substitute for 1 Ballet or Jazz class)
Line/Production:	All Levels	1 Ballet Class & 1 Jazz Class (TB can substitute for 1 Ballet or Jazz class)
Solo/Duet/Trio	All Levels	Solo/Duet/Trio must be Elite Member 2 Solos must be Elite Member and a minimum 4 teams

It is mandatory for all Team ADBA members to be registered and have regular attendance in their required classes. Excessive absence of any mandatory technique classes may result in loss of privilege in a performance, competition, or participation for the rest of the competition season. ADBA offers a large variety of classes at every level, and each dancer has many opportunities to make-up their absences in another technique class equivalent to the class they may have missed. A ballet class may replace any jazz, lyrical/contemporary, hip-hop, or tap class.